

*Poetry Prompt
Journal*



*30 Days Of Poetry
Prompts*

30 Day Poetry Prompt Journal

2016

Local Gems Press

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Day 1: Fibonacci Poem

Write a Fibonacci or "Fib" Poem.

A Fibonacci poem is a newer poetic form that bases itself off of the mathematical Fibonacci sequence where each number equals the previous two numbers before it. In poetry, the sequence translates to syllable count.

The typical fib is a six line, 20 syllable poem with a syllable count by line of 1/1/2/3/5/8 - with as many syllables per line as the line's corresponding place in the Fibonacci sequence. However, some Fibonacci poets try to challenge themselves to make the poems go longer than 6 lines.

Day 2: Silly Seriousness

Sometimes we take things too seriously, other things we don't take serious enough! Write a serious poem about something silly. Or write a silly poem about something serious.

Day 3: Alliteration Poem

Write a poem that makes heavy use of alliteration.

“Peter piper picked a patch of perfect poems proliferating proper punctuation!”

Day 4: Bagua Poem

In the martial arts style known as Bagua, the numbers 64 and 8 make regular appearances--such as in the 64 hands form where there are 8 lines of 8 moves.

A Bagua poem applies this same principle consisting of 64 words with 8 lines of 8 words each. It should also consist of 2 stanzas of 4 lines each.

(For an extra challenge, try to make your Bagua poem have something to do with one of the 64 hexagrams of the I-Ching.)

Day 6: Archaic Word

Write a poem that is dedicated to or makes good use of an archaic word that is rarely used in regular contemporary conversation.

Day 7: Lupus Teleform

The Lupus Teleform is a creative type of poem somewhat similar to an Acrostic. Except instead of taking a word, you take a telephone number. And instead of writing a line for each letter, you take the number at the front of the line and have that number of syllables for that line.

Take a telephone number and write a 7 or 10 line poem using each digit of the phone number as a line's syllable count. Leave a blank line or ellipsis for each 0.

Day 8: Ars Poetica

An Ars Poetica poem is a poem about poetry. Write a poem about poetry!

Day 10: Joke Poem

Write a poem that is also a joke. Perhaps a poem that is punny, or maybe just a little funny!

Day 11: Long-Short Poem

Write a short poem that has a long title. The longer the title and shorter the poem the better!

Day 13: Time

Write a poem about time. Never enough, more than enough...never stopping? Wish it would stop? Wish it would speed up? Time conquers all? Or something else.

Day 14: Advertisement

Write a poem about an advertisement that stuck out to you or caught your attention. Maybe you loved it, maybe you hated it.

Day 15: Dear Journal

Write a poem that takes the form of a journal entry.

Day 16: Thank You Note

Write a poem that takes the form of a thank you note.

Day 17: Legal or Illegal

Write a poem about something you think that should be illegal that is currently legal, or a poem about something that is illegal that you think should be currently legal.

Day 18: If I Had Me A Hammer

Write a poem with the opening line

“If I had me a hammer...”

Day 20: Envy

Write a poem about envy. It can be your own or someone else's.

Day 21: Technology Good

Write a poem about a piece of technology that you love and couldn't do without.

Day 22: Technology Bad

Write a poem about a piece of technology that you can't stand
and wish didn't exist.

Day 23: Mitosis Poem

Modeled after Cellular Mitosis

The first line is one word long.

The second line is two words, one beginning with the first letter of the first line and one ending with the last letter of the first line.

The next line should be four words long, continuing the pattern of first and last letters. Example:

Element

Electric, Resistant

Evocative Mosaic, Roaring Sentiment

Day 25: Narrative Poem

Write a poem that tells a story of some kind; funny, happy, sad, embarrassing, or a combination.

Day 26: Holiday Poem

Write a poem about your favorite or least favorite holiday.

Day 27: Trochaic Trimeter

Write a poem in Trochaic Trimeter. That is a poem with lines of stressed and unstressed syllables stretching three feet each.

- / - / - /

Day 28: Did You Know

Write a poem about a trivial, obscure or not very well known fact or bit of history.

Day 29: Animal

Write a poem about an extinct animal.

Day 30: Nostalgia

Write a poem about a memory or about something that makes you feel nostalgic.



Local Gems Poetry Press is a small Long Island based poetry press dedicated to spreading poetry through performance and the written word. Local Gems believes that poetry is the voice of the people, and as the sister organization of the Bards Initiative, believes that poetry can be used to make a difference.

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